

3 MONTH MAP TO MANIFESTATION

Similar to a Quarterly Planner, this '3 Month Map to Manifestation,' is a tool I personally use to stay on track. I found that a list of goals wasn't enough. I needed to have more thought provoking questions, exact amounts needed, and action steps actually on the calendar. Feel free to use the empty prompt cells to customize it to your liking. Enjoy!

DATE: _____

NEXT 3 MONTHS: _____, _____, _____

CATEGORY	PROMPTS (optional)	COMPLETE	GOAL	\$ AMOUNT	Immediate Action Step	Reoccurring Action Steps	Calendar Date(s) Set
CAREER	How will I improve what I'm already offering the world?	<input type="checkbox"/>					<input type="checkbox"/>
	How will I improve and grow my relationships at work?	<input type="checkbox"/>					<input type="checkbox"/>
	What will I do to promote what I have to offer?	<input type="checkbox"/>					<input type="checkbox"/>
	How will I educate myself to expand my skills and knowledge?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
FINANCES	How much money do I want to have saved?	<input type="checkbox"/>					<input type="checkbox"/>
	How much do I want to make each month?	<input type="checkbox"/>					<input type="checkbox"/>
	What will I do to create alternative income streams?	<input type="checkbox"/>					<input type="checkbox"/>
	What large purchase am I waiting to make?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
PERSONAL	What will contribute to my mental and emotional happiness?	<input type="checkbox"/>					<input type="checkbox"/>
	How will I take better care of my body?	<input type="checkbox"/>					<input type="checkbox"/>
	How do I want to improve my home / environment?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
RELATIONSHIPS	What goals do I have for my family?	<input type="checkbox"/>					<input type="checkbox"/>
	How do I want to strengthen my friendships?	<input type="checkbox"/>					<input type="checkbox"/>
	How will I deepen my partnership? Or how will I find a partner that brings joy to my world?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
BEING	What kind of person do I want to be?	<input type="checkbox"/>					<input type="checkbox"/>
	Who do I want to be for others?	<input type="checkbox"/>					<input type="checkbox"/>
	Where do I see myself living?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
LEISURE	What leisure activities do I want to be able to do?	<input type="checkbox"/>					<input type="checkbox"/>
	What am I doing for fun?	<input type="checkbox"/>					<input type="checkbox"/>
	What trips do I want to take?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
HAVING	What possessions are important to me?	<input type="checkbox"/>					<input type="checkbox"/>
	What do I want to acquire?	<input type="checkbox"/>					<input type="checkbox"/>
	What do I not want to have anymore?	<input type="checkbox"/>					<input type="checkbox"/>
		<input type="checkbox"/>					<input type="checkbox"/>
SUB TOTAL	Total \$ Amount Needed for 3 months						
TOTAL	Total MONTHLY \$ Amount Needed (add subtotal to your existing 3 months of expenses and divide by 3)						